

Addressing Gender Based Violence through Family Counselling Centres

Family Counselling at JPISC operates as a community-anchored psychosocial support mechanism. It seeks to address relational dysfunctions and familial disruptions through a blend of therapeutic counselling, legal aid, and crisis intervention. The service is grounded in a rights-based, gender-sensitive approach that emphasizes mental health promotion, prevention of domestic violence, and restoration of familial harmony while safeguarding individual rights, particularly those of women and children.

Core Objectives

- Resolving intra-familial disputes through structured counselling
- Provide access to legal redress;
- Mitigating and preventing instances of domestic abuse
- Advocating for the rights and safety of women and children;
- Providing emotional and psychological support
- Facilitate rehabilitation, reconciliation and family reintegration

The Jayaprakash Institute of Social Change (JPISC), has been providing Family Counselling Service since last three decades to address psychosocial distress, familial conflict, and the systemic challenges affecting women and

children in vulnerable communities.

Scope of Services

JPISC offers an expansive range of services addressing diverse psychosocial needs. These include: (i) individual and group counselling sessions tailored for survivors of domestic violence, emotional trauma, and social marginalization; (ii) marital and pre-marital counselling for couples encountering relational dysfunction or planning conjugal alliances; (iii) legal consultation and aid provided in collaboration with trained legal professionals to ensure informed decision-making; (iv) emergency crisis intervention for cases involving acute domestic violence, trafficking, or child protection concerns; and (v) referral services for shelter, psychiatric evaluation, or legal follow-up through a structured network of institutional partners.



Target Population

The principal beneficiaries of the programme include women survivors of domestic abuse, abandonment, or gender-based violence; children who are victims of neglect, psychological trauma, or abuse; couples navigating marital discord; and families from socio-economically marginalized backgrounds with limited access to mental health and legal resources.

Intervention Philosophy and Methodology

The JPISC FCC adopts a non-judgmental, confidential, and empowerment-driven approach. Its methodology integrates therapeutic counselling with legal and rehabilitative support, ensuring a continuum of care rather than one-off crisis handling. The programme foregrounds gender justice, community participation, and long-term psychosocial resilience. It also incorporates preventive and promotive strategies



through awareness-building and outreach initiatives.